

KS2 Invasion Games: Inspired by Rugby

Activity Card Overview

Lesson Formats A to D

Please refer to the Unit Plan of each Format, for details of learning intentions and lesson organisation. Refer to relevant Activity Cards to activity details and teaching points.

		Skill focus 1: Travelling with a ball	Skill focus 2: Passing a ball	Skill focus 3: Embed passing	Skill focus 4: Combining skills
Lesson Format A: Skills & Team Relays		Lesson A1	Lesson A2	Lesson A3	Lesson A4
<ol style="list-style-type: none"> Whole class starter Shuttle relay movement activities Skill work: solo, in pairs or in groups Shuttle relay races 	Quick starter	Beans	Traffic Lights	Number Shout	Gears
	Movement	Flying Shuttles	Flying Shuttles	Flying shuttles	Flying shuttles
	Developing skills	Snakes	Triangles	<i>Repeat lessons 1&2</i>	Cross the Pond
	Using and Applying	Team Relays	Team Relays	Team Relays	Team Relays
Lesson Format B: Whole Class Working Area		Lesson B1	Lesson B2	Lesson B3	Lesson B4
<ol style="list-style-type: none"> Whole class starter Movement activities in whole class area Skill work in whole class area Competitive games in whole class area 	Quick starter	Space Travel	Space Travel	Space Travel & Helicopters	Space Travel & Helicopters
	Movement	10-Touch	Eggs in the Nest	Domes & Dishes	Rats & Rabbits
	Developing skills	Through the Forest	Times Tables	<i>Repeat lessons 1&2</i>	To-me To-you
	Using and Applying	Space Invaders	Last Man Standing	Last Man Standing	Space Invaders
Lesson Format C: Possession Games		Lesson C1	Lesson C2	Lesson C3	Lesson C4
<ol style="list-style-type: none"> Whole class starter Movement game in half or quarter class groups Skill work: solo, in pairs or in groups Possession games in groups of up to 10 (groups self-directed) 	Quick starter	Beans	Traffic Lights	Number Shout	Gears
	Movement	Knee Tag	Scarecrow Tag	Toilet Tag	Jailbreak Tag
	Developing skills	Snakes	Triangles	<i>Repeat lessons 1&2</i>	Give & Go
	Using and Applying	Kabaddi-style games	Kabaddi-style games	Kabaddi-style games	Kabaddi-style games
Lesson Format D: End-zone Invasion Games		Lesson D1	Lesson D2	Lesson D3	Lesson D4
<ol style="list-style-type: none"> Whole class starter Movement game in half or quarter class groups (groups self-directed) Skill work: solo, in pairs or in groups Invasion games in groups of up to 10 (groups self-directed) 	Quick starter	Space Travel	Space Travel	Space Travel & Helicopters	Space Travel & Helicopters
	Movement	10-Touch	Eggs in the Nest	Domes & Dishes	Rats & Rabbits
	Developing skills	Snakes	Triangles	<i>Repeat lessons 1&2</i>	Cross the Pond
	Using and Applying	End-zone games	End-zone games	End-zone games	End-zone games

These are the suggested Lesson Formats for Lower KS2. See Upper KS2 resources for further Formats, E and F, that are more challenging.